

# Preparing for the NDIS



## What is the NDIS?

The National Disability Insurance Scheme (NDIS) is the Federal Government's new way of providing individualised support for people with permanent disability. With the NDIS, you will have more choice and control over the support and services you receive and have far greater say in how you live your life.

## What will the NDIS fund?

Support services that are funded by the NDIS aim to help you reach your goals, objectives and aspirations in a range of areas. These aim to help you to increase your independence, increase social and economic participation and develop your capacity to actively take part in the community.

The NDIS will pay for supports that are related to your disability and are required for you to live an ordinary life and achieve your goals.

## What services can I receive?

The types of support the NDIS may fund include:

- Independent living services, to help you maintain your lifestyle, and strategies to assist you with cooking, cleaning, and safety around your home
- Transport to enable your participation in community, social, economic and daily life activities
- Workplace assistance for you to successfully obtain or maintain employment

- Counselling and support services to help you and your family discuss and adapt to your vision loss
- The purchase and training of equipment, aids and adaptive technology
- Home assessments and modifications, including tactile marking and changes to lighting
- Health and wellness activities, such as sporting, cooking, craft, travel and exercise groups
- Print alternative services to provide material in a variety of accessible formats - Braille, large print, or audio
- Mobility equipment and training, including white cane and adaptive technology, or a guide dog

## Why choose the RSB to deliver your NDIS services?

The RSB is committed to supporting people who are blind or vision impaired. We provide a wide range of specialist skilled staff who understand the unique challenges relating to vision loss.

The RSB is knowledgeable, innovative, and responsive to your individual needs.

You can be confident that we will continue to provide access to the skills and services you need to remain independent and an integral part of the community.

# Step by step guide to accessing the NDIS

To help understand the NDIS we've compiled a list of eight things you need to do, to make sure your transition is seamless and that you receive all the support you need.

## 1. Contact the RSB for Assistance

We are here to help you understand how the NDIS can support you and answer any questions you may have.

## 2. Access Request Form

To become a participant of the NDIS, you will need to complete an Access Request Form which can only be obtained by calling the NDIS on 1800 800 110. The RSB can assist you to complete this form if required.

## 3. Pre-Planning

If you are eligible for the NDIS, we can meet with you to discuss the types of services available to address your needs that may be included in your plan.

## 4. Your Planning Meeting

The NDIS will contact you to arrange a meeting with a NDIS representative to

develop your plan (a face to face meeting is best). If you choose, an RSB representative can support you at this meeting.

## 5. Your Plan

Your plan will include your goals, what and how much will be funded by the NDIS, information about who can provide these supports, and who will manage the funding of your supports.

## 6. Managing your funds

Funds can be managed by you, the NDIS, or a plan management service (or a combination). The RSB can support you with information about how you can manage your funds.

## 7. Support Coordination

You may have funds allocated to help you coordinate your plan. The RSB can assist you to self-manage your plan and engage the service providers of your choice.

## 8. Plan Review

After 12 months, an NDIS representative will contact you to arrange a planning meeting to review your plan. If you choose, an RSB representative can attend this meeting with you.

## How can I find out more?

The RSB are holding a number of NDIS Information Sessions in your area. Please contact us for dates and locations near you.

**If you have any questions about the NDIS, your plan, or accessing RSB services, please call our NDIS Support Service on 1300 944 306 or email [ndis@rsb.org.au](mailto:ndis@rsb.org.au)**